

The Classified Chick

BY MARIA WILSON

8 OF THE BEST PRODUCTS TO PREVENT, TREAT, & GET RID OF STRETCH MARKS

Stretch Marks seem like an unavoidable issue for all of us as they can occur at different points in our lives. They happen usually during growth spurts, rapid weight gain/loss, and pregnancy. It is definitely something I've been fearful of during my pregnancy. But, truth is that I, like most people, have already acquired a few. I've had weight gain and loss that resulted in a few of these pesky lines. I just don't want anymore of them and I want to get rid of the ones I have. I'm six months along and so far so good (knock on wood!!!). Let's just say that I've tried a few creams and treatments. While I'm still searching for the absolute perfect combination, if there is such a thing, I thought I'd share my favorites. These are the 8 products that I'm currently using to prevent, treat, and get rid of stretch marks.



BASQ CITRUS BODY POLISH

Exfoliation is so important in skin care. Sloughing off dead skin cells helps to speed up the skin renewal process. The process leaves your skin brighter, smoother, and softer. So, having something to exfoliate your skin is very important when talking about stretch marks. I have a small container of this *Basq Citrus Body Polish*, and use it in the shower occasionally. Since I only have a little bit & it is on the pricey side I don't use it that much. The smell is fabulous, it is a mild citrus scent. Very invigorating! The body polish isn't as oily or greasy as some body polishes, and it suds up a little when you work it into your skin.

BASQ RESILIENCE BODY OIL

I really like all the Basq products I have. For Christmas I received an essentials kit from my husband (he is so sweet). So, I have small versions of this oil, the stretch mark butter, and the body polish. This body oil comes in three different scents; citrus, lavender, and eucalyptus. I have the eucalyptus scent, and I think it is a little strong. My sense of smell is very heightened right now, so this may not be a fair judgement. But, the oil itself is wonderful. I mix it with other lotions just to cut the smell a little and save on time. It is not as greasy as most body oils I've tried, which is wonderful. Who wants to feel like a greasy mess after they've showered? Not this girl! While this body oil is a little on the pricey side, I do think that *the essentials kit* is worth a try. The combination of all the basq products have truly helped to keep stretch marks at bay as my belly has grown and grown and grown.

BASQ STRETCH MARK BUTTER

This is by far *my favorite* of the three Basq products. Once I used up the small version I had from the essentials kit, I bought another big jar of it. The consistency of the cream is very nice, not too greasy. The smell is also mild. That is a huge plus for me because my sense of smell is so heightened because of pregnancy. Overall, it just leaves my skin feeling very moisturized and soft. This may sound weird, but it feels more elastic and pliable. I'm using it all over my belly and on my old stretch marks. My old stretch marks have faded considerably, and I think this body butter has been a big contributor.

So, these eight products are what I'm currently using. While there are a lot of great products here, my favorites are the *Dry Brush* and the *Basq Stretch Mark Butter*. These two will definitely be staying in my routine. I have a bunch of others I've tried or on my list of things to try. You can find all eight of the products I'm using, and much more below. The key things to note are to exfoliate and moisturize using a mixture of lotion, body butter, and oil. And, lastly, to make sure you are getting the best results stay consistent with your routine.